

East Asia time zone – 5 hours ± 1 hour		
e.g China, Japan, Hong Kong, Taiwan, Philippines, Singapore, Malaysia.		
What time?	What lesson?	What do I do?
Morning to early afternoon 7:30am-1:30pm local time (approx. 11:30am-5:30pm NZT)	Live lessons are with all students via video conference on Microsoft Teams.	I should focus on writing comprehensive notes on the topics covered during the live lesson.  I should also ask questions during the live lessons and engage regularly in class discussion.
Late morning to the afternoon 1:30pm-4:30pm local time	Flexible learning activities are posted online for all students to do, before the next lesson.	I should focus on completing the work given to me during the flexible learning activity to the best of their abilities.  I am writing down any questions I have for the teacher so I can attend the next live lesson or one-on-one session prepared, and ready to go.
Afternoon to evening 4:30pm- 6:30pm local time.	Homework.  Assignments.  Daily review.	I should focus on completing any unfinished work from the day.  I should focus on completing any addition work issued by the teacher.  I should focus on completing or preparing for any upcoming assignments or assessments.  I should focus on reviewing my course work for the day.

Central Asia time zone – 6 hours ± 1 hour e.g. Laos, Thailand, Cambodia, Vietnam		
What time?	What lesson?	What do I do?
Morning to early afternoon 6:30am-12:30am local time (approx. 11:30am-5:30pm NZT)	Live lessons are with all students via video conference on Microsoft Teams.	I should focus on writing comprehensive notes on the topics covered during the live lesson.  I should also ask questions during the live lessons and engage regularly in class discussion.
Afternoon 12:30pm-3:30pm local time	Flexible learning activities are posted online for all students to do, before the next lesson.	I should focus on completing the work given to me during the flexible learning activity to the best of their abilities.  I am writing down any questions I have for the teacher so I can attend the next live lesson or one-on-one session prepared, and ready to go.
Late afternoon to early evening 3:30pm-5:30pm local time	Homework.  Assignments.  Daily review.	I should focus on completing any unfinished work from the day.  I should focus on completing any additional work issued by the teacher.  I should focus on completing or preparing for any upcoming assignments or assessments.  I should focus on reviewing my course work for the day.

IPAS time zone – 7 hours 30 minutes ± 1 hour e.g. India, Pakistan, Afghanistan, Sri Lanka		
What time?	What lesson?	What do I do?
Early Morning to early afternoon 4:00am-10:00am local time (approx. 11:30am-5:30pm NZT)	Live lessons are with all students via video conference on Microsoft Teams.	<p>I should focus on writing comprehensive notes on the topics covered during the live lesson.</p> <p>I should also ask questions during the live lessons and engage regularly in class discussion.</p>
Late morning to Afternoon 10:00am-1:00pm local time	Flexible learning activities are posted online for all students to do, before the next lesson.	<p>I should focus on completing the work given to me during the flexible learning activity to the best of their abilities.</p> <p>I am writing down any questions I have for the teacher so I can attend the next live lesson or one-on-one session prepared, and ready to go.</p>
Afternoon 1:00pm-3:00pm local time	<p>Homework.</p> <p>Assignments.</p> <p>Daily review.</p>	<p>I should focus on completing any unfinished work from the day.</p> <p>I should focus on completing any additional work issued by the teacher.</p> <p>I should focus on completing or preparing for any upcoming assignments or assessments.</p> <p>I should focus on reviewing my course work for the day.</p>

Middle East & Eastern Europe time zone - 9 hours $\pm$ 1 hour		
e.g. Oman, UAE, Qatar, Saudi Arabia, Turkey.		
What time?	What lesson?	What do I do?
Early Morning - 2:30am-8:30am local time (approx. 11:30am-5:30pm NZT)	Live lessons are with all students via video conference on Microsoft Teams.	<p>I should focus on writing comprehensive notes on the topics covered during the live lesson.</p> <p>I should also ask questions during the live lessons and engage regularly in class discussion.</p>
Morning - 8:30am-11:30am local time	Flexible learning activities are posted online for all students to do, before the next lesson.	<p>I should focus on completing the work given to me during the flexible learning activity to the best of their abilities.</p> <p>I am writing down any questions I have for the teacher so I can attend the next live lesson or one-on-one session prepared, and ready to go.</p>
Afternoon 11:30am-1:30pm local time.	<p>Homework.</p> <p>Assignments.</p> <p>Daily review.</p>	<p>I should focus on completing any unfinished work from the day.</p> <p>I should focus on completing any additional work issued by the teacher.</p> <p>I should focus on completing or preparing for any upcoming assignments or assessments.</p> <p>I should focus on reviewing my course work for the day.</p>

South America time zone + 8 hours ± 1 hour yesterday ( – 16 hours)		
e.g Chile, Bolivia, Argentina, Brazil		
What time?	What lesson?	What do I do?
Afternoon 2:30pm-4:30pm local time (approx. 6:30am-8:30am NZT)	Homework.  Assignments.  Daily review.	I should focus on completing any unfinished work from the previous day.  I should focus on completing any addition work issued by the teacher.  I should focus on completing or preparing for any upcoming assignments or assessments.  I should focus on reviewing my course work from the previous day.
Late afternoon to early evening 4:30pm-7:30pm local time (approx. 8:30am-11:30am NZT)	Flexible learning activities are posted online for all students to do, before the lesson day.	I should focus on completing the work given to me during the flexible learning activity to the best of their abilities.  I am writing down any questions I have for the teacher so I can attend the next live lesson or one-on-one session prepared, and ready to go.
Evening 7:30pm-1:30am local time (11:30am-5:30pm NZT)	Live lessons are with all students via video conference on Microsoft Teams.	I should focus on writing comprehensive notes on the topics covered during the live lesson.  I should also ask questions during the live lessons and engage regularly in class discussion.